

PSYCHIATRY DEPARTMENT

Major Achievements

April 2018 to March 2019

Academic activity

MD students - Dr. Sivin P Sam & Dr. Priya Narendran and DPM student - Dr. Indu S passed the university examination in June 2018.

1st Rank in MD Psychiatry

Dr. Priya Narendran secured first rank in MD Psychiatry examination of KUHS University.

Best Paper Award -

WASP Regional Congress - 2018 at Kochi

Dr. Sreeja Sreekumar won the Best Paper Award for her presentation on "Cross sectional study on Caregivers Burden and Resilience in Bipolar Affective Disorders" at WASP Regional Congress 2018 at Kochi on 8th & 9th December 2018.

Publications

1. Sam SP, Nisha A, Varghese PJ. Stressful life events and relapse in bipolar affective disorder: A cross-sectional study from a tertiary care center of Southern India. Indian J Psychol Med 2019;41:61-7.
2. Sahadevan S, Namboodiri V. Depression in caregivers of patients with breast cancer. A cross-sectional study from a cancer research centre in South India. (Accepted on 14/2/2019, for publication in March-April issue of Indian Journal of Psychiatry).

Paper presentation

1. WASP Regional Congress - 2018 at Kochi

Dr. Sreeja Sahadevan, Asst. Professor, Dr. Neetu Kurian, Dr. Neethu Mariam Chacko, Dr. Peace Jose, Dr. Meera Ramanath Junior Residents presented following papers respectively at WASP Regional Congress 2018 at Kochi on 8th & 9th December 2018.

Topics (Papers)

1. Socio clinical profile of suicide attempters with and without psychiatric illness. A comparative study from Kerala.
2. Sociodemographic and clinical profile of inpatients in a general hospital psychiatry setting from a tertiary care centre in Kerala.
3. Adjustment disorder in consultation liaison psychiatry: A tertiary hospital based chart review.
4. Depression in CKD patients on hemodialysis.
5. A pilot study on psychosocial functioning and quality of life in remitted male patients with BPAD & ADS.

2. ANCIPS – 2019

Dr. Sreeja Sahadevan, Asst Professor presented paper on "Undergraduate students and Psychiatry" at ANCISPS 2019.

Poster presentation

1. SIPSCON – 2018

Dr. Dhanya P.M, Junior Resident presented poster on "Mania with comorbid Hashimoto's Thyroiditis and Plummer –Vinson Syndrome – a challenging cocktail" at SIPSCON – 2018.

2. WASP Regional Congress - 2018 at Kochi

Dr. Dhanya P.M, Dr. Peace Jose, Dr. Anu Wilson Vadukut, Dr. Jesmon Thomas Junior Residents presented following posters respectively at WASP Regional Congress 2018 at Kochi on 8th & 9th December 2018.

Topics (posters)

1. Buprenorphine from OSC centres – misuse and diversion
2. Lupus – A pantomime of psychosis
3. Changing trends in the pathways of care in psychiatric illness – a case series
4. A/c hydrocephalus masquerading as Wernick e's encephalopathy

3. ANCIPS – 2019

Dr. Sreeja Shadevan, Asst Professor and Dr. Indu S Junior Resident presented poster on "Trend and Trajectory of dual diagnosis among patients with Alcohol dependence syndrome" at ANCIPS 2019

Workshop

Dr. Sreeja Sahadevan was one of the faculty and resource person for a workshop on "Combat Depression" by Indian Psychiatric Society conducted at JSS Medical College, Mysore on 22nd and 23rd October 2018.

Training conducted

1. The Deaddiction Centre functioning under the department of psychiatry conducted following training programmes sponsored by National Institute of Social Defence (NISD), Ministry of Social Justice & Empowerment, Govt. of India, New Delhi.
 1. One Day Sensitization Programme on Drug Abuse Prevention for Kudumbasree Members at skills lab conference hall on 22nd October 2018.
 2. One Day Sensitization Programme on Drug Abuse Prevention for High School Students at five different schools on 5th, 7th, 9th, 12th and 14th November 2018.
 3. Two Days Capacity Building Programme for Social Workers / Psychologists / School Counsellors on Substance Abuse Prevention at skills lab conference hall on 8th & 9th February 2019
2. The deaddiction centre organized national level Training of Trainers programme on substance use disorders with financial support from Drug Advisory Programme, the Colombo Plan, Sri Lanka. 28 participants from 8 different states of India actively attended the training.
 - (a) First cycle of training from 18th to 25th January 2019
 - (b) Second cycle of training from 15th to 22nd February 2019
 - (c) Refresher course from 23rd to 25th February 2019

Dr. Joseph Varghese P
Professor and Head
Department of Psychiatry